

# MCLAYS MONTHLY

MAY 2026



WHAT'S IN SEASON?  
THE HUNGRY GAP

ISSUE 9

McLays Foods

Meat | Fish | Produce

# WHAT'S IN SEASON?

## VEGETABLES

ASPARAGUS

SPRING GREEN CABBAGE

RADISH

CAULIFLOWER

CELERIAC

CHARD

CUCUMBER

LITTLE GEM LETTUCE

ICEBERG LETTUCE

ROUND LETTUCE

PAK CHOI

PEPPERS

## BRIDGING THE HUNGRY GAP

We're at a bit of a crossroads at the moment, when the winter reserves begin to dwindle and everything that we associate with spring still teasing us, gradually being ready to harvest.

We are starting to see a lot of supply arriving from south of the border, although we are lagging slightly behind as it takes a bit longer for our soil to warm up.

Asparagus is still the champion of the hungry gap, and it's quality is second to none. We are also starting to see the first peppery radishes and baby lettuces appearing.



## FRUIT

RHUBARB

STRAWBERRY

## STRAWBERRY WATCH

Scottish Strawberry season should begin at the end of May, We're not biased but we think they're up there with the best in the world. There's such a notable difference in quality when our strawberry season rolls in, mainly thanks to our cooler climate and long daylight hours.

The climatic conditions allow for the berries to ripen slowly, allowing the development of a deep richness and sweetness that is unrivalled across the continent. They are mainly grown in the fertile, picturesque fields of Angus, Fife and Perthshire – our very own strawberry triangle.

**\*CLICK\*** to read our 2025 Sustainability Report!



We have recently published our 2025 Sustainability Report, outlining the progress that we have made towards our ESG goals. It details how hard we have worked to reduce the impact of our operations and supply chain.

As a food wholesale company, we are acutely aware of the impact that food systems are having on the environment, and the role that we play in the solution.

Here are some highlights from the report:

**Carbon Footprint and Net Zero Reporting and Targets:** Our Scope 1,2&3 emissions for 2025 and how we are planning to lower them this year.

**Sustainable logistics:** High tech solutions to our van fleet.

**Waste Reduction and the Circular Economy:** Our efforts to reduce our food and plastic waste, including a new partnership with [The Pyramid at Anderston](#).

**Seasonality:** How we are championing seasonal and locally grown produce, working with the next generation to teach them about the benefits of eating with the seasons.

We hope you enjoy the insights that we have to offer. We are proud of the progress that we have made this year, but know that there is still so much more to do.



For sustainability enquiries and collaborations,  
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