



SPRING GREENS

APRIL
2026
ISSUE 08

WHAT'S IN SEASON?
2025 SUSTAINABILITY REPORT

MCLAYS MONTHLY

VEGETABLES

Asparagus

Broadbeans

Carrots

Spring Cabbage

Chard

Leeks

Mushrooms

Pak Choi

Potato

Radish

Salad Leaves

Spinach

Spring Onions

SPRING HAS SPRUNG!

The soil is beginning to warm, and plants are beginning to wake up, signalling the start of Spring and another growing season. We are in a bit of a “hungry gap” when winter crops are ending and summer crops aren’t quite ready. Here are our recommendations for this month:

What’s growing?

Our cover star is the deliciously light, versatile, **spring green cabbage** - stir fry with a bit of garlic and lemon and you’re in for a treat.

We are also awaiting the arrival of the Scottish and UK Asparagus season, keep a sharp eye out and be sure not to miss it. It’s a real seasonal treat.

Tomato Shortages!

March has been a difficult month for tomatoes, due to Ramadan, extreme cold and excessive rainfall. This has resulted in shortages and price surges. Things are beginning to stabilize, but it’s a good idea to lean into seasonal greens in the meantime.

Fruit Forecast

Scottish fruit is still scarce at the moment, although fruit trees are beginning to leave and soon will bloom - you may have already spotted the cherry blossom!

Rhubarb is very much now in season, and is the only “fruit” that is currently available and in season. The irony in this is that it’s actually a vegetable, we just use it like a fruit! Make sure to put it in your seasonal pies and crumbles!

We are still in the peak season for citrus fruits from Spain, we should be making the most of the shorter supply chain when our own fruit is scarce, before we need to start sourcing it from the southern hemisphere again.



FRUIT

Rhubarb

Clementines

Mandarins

Navel Oranges

CLICK to read our 2025 Sustainability Report!



We have recently published our 2025 Sustainability Report, outlining the progress that we have made towards our ESG goals. It details how hard we have worked to reduce the impact of our operations and supply chain.

As a food wholesale company, we are acutely aware of the impact that food systems are having on the environment, and the role that we play in the solution.

Here are some highlights from the report:

Carbon Footprint and Net Zero Reporting and Targets: Our Scope 1,2&3 emissions for 2025 and how we are planning to lower them this year.

Sustainable logistics: High tech solutions to our van fleet.

Waste Reduction and the Circular Economy: Our efforts to reduce our food and plastic waste, including a new partnership with [The Pyramid at Anderston](#).

Seasonality: How we are championing seasonal and locally grown produce, working with the next generation to teach them about the benefits of eating with the seasons.

We hope you enjoy the insights that we have to offer. We are proud of the progress that we have made this year, but know that there is still so much more to do.



For sustainability enquiries and collaborations,
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